Despite advances in medical technology, there are no magic bullets to keep us from aging or becoming ill. And ultimately, nothing that keeps us from dying. Yet, as a culture we avoid the thought of death – our own or those we love – until it stares us in the face. We deny that life is a terminal condition.

This is a recent development in the history of humanity, however. As our technical advances in treating illness and disease grow, we have become increasingly uneasy with end-of-life issues, including the care of those dying. While the term “hospice” is centuries old, the concept as we know it in the US is celebrating 40 years of existence.

We owe a debt of gratitude to Dame Cicely Saunders, who developed the interdisciplinary, holistic approach to caring for those who are dying and on which hospice programs, including Center for Hospice Care’s, are based on. Her approach to pain and symptom control for the whole person – physical, emotional, spiritual and psycho-social – adds to quality of living for the patient and his or her loved ones. The cover story in this issue of Crossroads is the first of a four-part series about the history of hospice care and commemorates Dame Saunders’ pioneering efforts. Her work began in the UK; she was subsequently invited to share her philosophy in the US 40 years ago. Along with Elisabeth Kübler-Ross, author of On Death and Dying, Dame Saunders fundamentally changed the way we address end-of-life issues for both patients and their loved ones.

Our efforts to expand awareness of the need for palliative care locally and around the world are also included in the issue. From our annual events such as the Helping Hands Award Dinner, Bike Michiana for Hospice, Walk for Hospice and Okuyamba Fest to our collaborative efforts in palliative care, we carry the torch lit by Dame Saunders in London in 1967. Through our education, fundraising, stewardship and collaborations, we support the work of Center for Hospice Care to improve the quality of living for those facing end-of-life issues.

Michael J. Wargo
Chief Operating Officer
2nd Annual Okuyamba Fest

The 2nd Annual Okuyamba Fest, held November 14th at the new Center for Hospice Care Mishawaka Campus, was an evening of art and international food, wine and beer in celebration of a great cause. Proceeds from the event provided financial support for the Palliative Care Association of Uganda (PCAU) in their efforts to bring palliative care to the more than 35 million people of Uganda, who would otherwise have no access to relief from pain and symptoms brought on by end-of-life diseases.

Guests of the event sampled international foods, wine and beer (with thanks to event sponsor Granite City, David Thompson of City-Wide Liquors, Sommelier Ian Wulfsohn, Sean Wojkowski of Indulgence Pastry Shop & Café as well as the many volunteers who made the event possible) while bidding on more than 90 Ugandan art and craft items in the silent auction.

This was followed by a brief program, which included a sneak preview of the Hospice Foundation’s upcoming documentary about child caregivers in Africa called Road to Hope.

After the program guests sampled a host of desserts and dessert liqueurs.

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Center for Hospice Care and the Hospice Foundation became partners with PCAU in 2008 through an innovative program developed by Global Partners in Care (formerly known as the FHSSA). A year later, PCAU’s country director, Rose Kintu, came to the US to share her mission of easing the pain and suffering of those dying deep in the rural villages of her country. To share her story and support PCAU’s work, the Hospice Foundation produced the award-winning documentary Okuyamba. Titled for the Lugandan word meaning, “to help,” the film has screened at film festivals, universities, churches, and in hospice and palliative care organizations across the US and around the world.

Santa Visits CHC’s Mishawaka Campus

Jolly Saint Nick, dressed in his red suit and glasses perched on his nose, made a special trip to the new Center for Hospice Care Mishawaka Campus to visit the children of CHC staff and volunteers in early December. From his chair in the Café, Santa listened to Christmas lists and posed for pictures while his helpers passed out goodies.

Other activities were set up in the first-floor conference space including a candy cane walk, build-a-picture-frame craft area and coloring. Visitors were also treated to doughnuts from West End Bakery, juice, hot chocolate and coffee.
End-of-life issues stretch far beyond the treatment of pain and physical symptoms. For many patients one of their primary concerns is the well-being of their loved ones after they’re gone. Center for Hospice Care’s Life Transition Center offers numerous ways for family members to find appropriate ways to grieve and heal. One of these is its annual Memorial Service.

“Our hope each year is to provide an opportunity for our bereaved to remember and honor their loved ones,” said Holly Farmer, Bereavement Coordinator. She noted that 2013’s multi-location services were the largest in CHC’s history. A total of 720 participants, 26 staff members and 46 volunteers took part in South Bend, Elkhart and Plymouth on December 1st. Farmer expressed thanks to the 72 volunteers and staff – the most in the event’s history – who provided music, handed out programs, ushered and read the names. The services are non-denominational and include meaningful readings and music, as well as the reading of the names of loved ones. “This is a very powerful point in the service,” Farmer noted. “We have received positive feedback that the service is a beautiful farewell and an opportunity to honor those who died. We also hear how much people appreciate the complimentary gift of the angel ornament and that it takes a prominent place in their homes.” She added that for some of the bereaved, the service may have been the only chance they had to attend a service where their loved ones were honored.

Love and Remembrance: Center for Hospice Care’s Annual Memorial Service

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Each family attending the memorial service received a complimentary angel ornament personalized with the name of the loved one.

Economic Impact Award Recognizes Center for Hospice Care’s New Campus

Center for Hospice Care (CHC) recently received the St. Joseph County Chamber of Commerce’s Economic Impact Award at the chamber’s 2014 “Salute to Business.” The Economic Impact Award recognizes a company’s strategic vision and its sustainable capital investment in the St. Joseph County economy.

In accepting the award for CHC, Mike Wargo, VP/COO of the Hospice Foundation, noted that this is the first of two phases of campus construction. “Completion of the first phase enabled us to bring our administrative and bereavement services under one roof. Once we raise the money needed, construction of phase two will allow us to expand the space available for patient care staff as well as for those who need care on an in-patient basis.”

The western portion of the main building is home to the Life Transition Center with its grief and bereavement programming, as well as the Hospice Foundation. The eastern section of the new building houses the administrative, billing, finance, human resources, information technology and marketing offices. In addition to the main structure, two existing campus buildings are undergoing renovation: one as a guest home for interns, visiting physicians and family members; the other as a palliative care center where patients can go for consultation by one of CHC’s three board-certified hospice and palliative medicine physicians. In 2013, the organization served 1,993 patients, a 7% increase from the prior year. Through 2013 CHC has served 26,447 patients since 1980, with 50% of those served in just the last eight years alone.

The total investment for the entire project was $7.2 million with just over 29,000 square feet, including the new structure and existing buildings. Future campus development plans include construction of a new Hospice House and medical office building that will house clinical care staff.

The Economic Impact Award was sponsored by Specialized Staffing Solutions.
Future Events and Hospice happenings

Celebrating 30 Years – Helping Hands Award Dinner

Robert Deputy to be Honored

Now celebrating its 30th year, the Helping Hands Award Dinner has honored an individual, couple or family who demonstrates civic and charitable stewardship to improve the quality of living in the communities served by Center for Hospice Care. The award recognizes the recipients for exhibiting generosity, outstanding community achievements, direct financial support, or by motivating others to give.

Since its inception in 1985, the dinner has raised more than $3 million to support the work of Center for Hospice Care and honored area religious, community and volunteer leaders. The first dinner, held at the University of Notre Dame, was attended by 296 people to honor James W. Frick. It raised $16,205. Last year’s event, which recognized Ann Marion’s community service, was attended by 510 people and raised $226,040.28.

This year’s Helping Hands Award Dinner will honor Elkhart community leader Robert Deputy, who has positively impacted the lives of thousands of people in Northern Indiana.

The 2014 dinner will be held on Wednesday, May 7th at the Hilton Garden Inn South Bend, beginning with a cocktail reception at 6 pm. Dinner will begin at 7 pm, in the Fleur de Lis Ballroom.

Online reservations are available at $150/person and can be made at www.foundationforhospice.org/hhad14. For more information on the event please contact Lisa Douglass at 574-293-3119 or DouglassL@centerforhospice.org.
Early on the morning of September 14, 2014, over 1,200 bike enthusiasts will put on their cycling gear, drive or ride their bike to St. Pat’s Park in South Bend, and check-in for the 6th Annual Bike Michiana for Hospice. For those that have ridden before, their mouths will already be watering as they anticipate all of the great food at the SAG stops and the after-party. Riders about to experience it for the first time will be wondering if the event will live up to all of the hype.

In just five years, Bike Michiana for Hospice has earned a reputation as “the Midwest’s premier ride.” Known not only for the amazing SAG stops with food from some of the area’s finest restaurants, but also fantastic routes that take riders through some of the most scenic areas of northern Indiana and southwest Michigan, as well as our signature ride, the very unique 200K.

To top it all off, the event benefits two well-respected non-profit organizations, Center for Hospice Care (CHC) and Bike Michiana Coalition (BMC). For over 30 years CHC has been focused on its mission to improve the quality of living. CHC has promised from the beginning that nobody eligible for hospice care will be turned away, regardless of their ability to pay. BMC seeks a more bicycle-friendly community by: encouraging bicycling for commuting and recreation; expanding and improving bicycle infrastructure; and educating citizens and government about bicycle safety, laws and the community benefits of cycling.

Registration for the sixth annual event opened on January 15th. Earlybird registration will continue until April 30 and is only $40 for adults. Students from age 13 through college is just $20 with children 12 and under riding for free. When registering online, participants also have the opportunity to create a personal fundraising page. While the net proceeds from registration fees are split between CHC and BMC, all fundraising dollars benefit CHC in continuing its mission. Funds provide care for patients and bereavement services for any member of our eight-county service area. Thank you to all the riders that go the extra mile to raise funds for CHC. With your help we will continue to keep our promise to the communities we serve.

Walk for Hospice is a fun-filled, family-friendly event that is returning to the Mishawaka Riverwalk after a successful debut at the new location last summer. The walk will begin at the new Center for Hospice Care Mishawaka Campus at 501 Comfort Place, just west of Cedar Street near Central Park. Walkers will enjoy music, children’s entertainment, snack and water stops along the route, share memories of loved ones on the memory wall and by dropping a few rose petals into the river. Whether this is your first WFH or your 10th, take the first step to register today. You will not only raise much needed funds to keep Center for Hospice Care’s services available to everyone in the communities we serve, you will also become part of a fun and supportive family-focused community. Plan to experience the joy of sharing support with hundreds of walkers by registering today at walkmichianaforhospice.org. Sponsorship and volunteer opportunities are also available to help make this a successful event in support of the patients and families served by CHC.

Registration is still completely FREE; however, pre-registered walkers who fundraise online and collect $35 or more will receive the exclusive 2014 Walk for Hospice t-shirt. Over 300 patients a day (on average) need your support – start fundraising today! Whether you strive to raise $100 or $1,000, don’t wait another minute. Start a team and have a bake sale, garage sale or sell lemonade to boost your total. What creative way will you raise funds for the 29th Annual Walk for Hospice and the friends, family, and neighbors in your town in need of Center for Hospice Care services? Visit facebook.com/ walkmichianaforhospice to share your ideas!
I was nervous about getting on the bus and leaving mom behind. Dad hadn’t been gone for that long, and I was worried about being away from her. But the counselors on the bus helped us to feel more comfortable and we all introduced ourselves. I ended up talking with the girl across the aisle the whole ride to the camp. Her dad died, too. Her dad died from cancer and mine from suicide, but we also had a lot of other stuff in common. When we turned into the camp grounds, it was green and grassy with a lot of trees and I saw that it even had a putt-putt golf course. A friendly adult met our bus and helped us carry our things into the cabin. Over dinner that evening we learned about the camp rules and then met in small groups. The counselors told us that we experience grief feelings in different ways, and that it was okay. Then I found out my adult buddy also had a dad who died from suicide and it really helped me not feel so alone. I didn’t know that there were so many kids who had lost an important person in their life, some of them more than one. I finally felt what it was like to be in a safe place to think about my dad a lot and to talk about him with people who could relate to my feelings. We ended the evening with a campfire and making smores. It was relaxing and fun and it was nice to be with the buddies and counselors who really listen, ask questions and help with ideas about what to do when I feel sad.

The next day was busy! We played team games and went on the high ropes challenge course. I was so scared, but I’m proud of myself for climbing up the ladder and riding the zip line. There were so many activities to choose from: kayaking, canoeing, swimming, fishing and ball games. I tried the kayak for the very first time in my life. My buddy encouraged me to try it since it was new, and I’m glad I did. It was so peaceful out on the water. In between activities our groups met and we talked more about how we were feeling and learned more coping strategies. We talked about how grief affects families – it helped me understand what my mom might be going through. The biggest help was knowing I’m not alone, that I have friends now who have experienced what I have and we can support each other. We made flags in memory of our loved one that we got to keep. I drew pictures of things Dad liked to do and of some things we did together. It means a lot, I still take it out when I want to think about him and it helps me talk about him with my mom. The last night we said the name of who died and held a good memory of them in our minds as we lit a candle and floated them out onto the lake. That helped me practice remembering him and holding on to that instead of how he died. My favorite part of camp was on the last day, though, when we had a final big group gathering around a new evergreen tree planted just for our camp. We all wrote a message to who we lost to put on the tree. I really listened as each of my new friends said the name of their loved one and who they were when they went to hang their message on the tree. I knew when it was my turn, they were supporting me and my feelings when I said my dad’s name.

It was so hard to say good bye to everyone, but I know I will always have the memories and they even sent me pictures of the group and of me and my buddy. I have my flag hanging in my room and I have the picture of my buddy with it. Camp gave me a safe place to talk with a supportive buddy and other kids who can relate. It was amazing, and I can’t wait to come back and be a buddy someday.

A Camper Shares Her Experiences

Camp Evergreen – Helping Kids and Teens Feel Stronger, Prouder, and Less Alone in Their Grief

Future Events and Hospice happenings

On The Horizon

Camp Evergreen: A supportive and fun environment for children and teens who have lost a loved one.

Camp Evergreen is free of charge, however, space is limited and applications are required.

Teen Camp is May 30 – June 1 and Youth Day Camp (ages 6-12) is Saturday, May 31.

For more information on Camp Evergreen, contact Holly Farmer at 574-255-1064 or evergreen@centerforhospice.org.
Hospice Foundation Calendar of Events

May 2014
- May 6 National Nurses Day
- May 7 30th Annual Helping Hands Award Dinner
- May 21 St. Joseph County Chamber of Commerce Business After Hours
- May 25 South Bend Sod Busters Mud Bog
- May 30 – June 1 Camp Evergreen

June 2014
- June 3 Elkhart Memorial Dedication Ceremony

August 2014
- August 6 NAIFA Joseph E. Smith Memorial Golf Outing
- August 10 Walk for Hospice www.walkmichianaforhospice.org
- August 19 Greater Elkhart Chamber Business After Hours

September 2014
- September 14 Bike Michiana for Hospice www.bikemichianaforhospice.org

October 2014
- October 23 Okyubamba Fest

As community-based, non-profit organizations CHC and HF are proud of the many partnerships they’ve built with businesses throughout their eight-county services region and are pleased to be members of both chambers of commerce. Tours of the campus will be available as will beverages and light appetizers.

Center for Hospice Care (CHC) and the Hospice Foundation (HF) will be welcoming members of the Greater Elkhart Chamber of Commerce and St. Joseph County Chamber of Commerce to the Mishawaka Campus at two separate after-hours events. The first, with the St. Joseph County Chamber of Commerce, will be held at the Mishawaka Campus on Wednesday, May 21st. The informal networking event will go from 5-7 pm. Chamber members will be receiving information from the organization regarding event RSVPs.

Then on Tuesday, August 19th, CHC and the HF will team up with the Greater Elkhart Chamber for a Business After Hours event. The hours will once again be from 5-7 pm. Greater Elkhart Chamber of Commerce members will receive information from the chamber regarding the event.
Brandi Milloy Relates Her Experiences Volunteering in Uganda

Never did I imagine what I would experience in just two weeks volunteering for the Palliative Care Association of Uganda (PCAU). For so long I’ve wanted to go to Africa and serve. I had dreamed about it since I was a little girl. Any time I would see African photos, or specials on TV or anything Africa-related I would always think, “I want to go there one day.” And when over the course of five years, three trips to Africa fell into my lap, I thought I had finally had my chance. It was as if I was a different person. Her hopes were high! This improvement is such a huge victory since this woman had never been to a hospital and only believed in traditional medicine until recently. The hospice and palliative care team were able to control the pain and provide comfort care and educate the patient and her husband so that they could completely understand all aspects of her condition. By the end of our hour with Anakuuku, she was content and had not only been physically comforted by the team but had watched with admiration at how the hospice and palliative team works to not only manage the pain for the patients but be welcomed by the families, invited into their homes, bond with them, joke with the patients, etc. They become the support system for these people who are terminally ill and give them hope. They do everything in their power to make the patients comfortable. The hospice team was able to control the pain for the patients but be welcomed by the families, invited into their homes, bond with them, joke with the patients, etc. They become the support system for these people who are terminally ill and give them hope. They do everything in their power to make the patients comfortable. The hospice team met her for the first time, they found maggots in the wound. I’ve never seen something so painful. Two weeks ago she was in terrible pain with tremors and had been so ashamed to show anyone the wound. Plus, the smell was disturbing her appetite. She was also scared because she didn’t understand her condition. But when we saw Anakuuku this time not only was she in better-sprits, but she wasn’t in significant pain! The liquid morphine the team had prescribed was working. It also helped that her granddaughter had been cleaning the wound with salt water as advised by the hospice team. Her husband was also helping her with administering medication and caring for her the best possible way he could. It was as if she was a different person. Her hopes were high! This improvement is such a huge victory since this woman had never been to a hospital and only believed in traditional medicine until recently. 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A Journey of Faith

Brandi Milloy Relates Her Experiences Volunteering in Uganda

PARTNERSHIPS IN CARING

Hospice Partnerships Around the Globe

Brandi Milloy is a host and producer for PopSugar, an online media network. When she heard about the Road to Hope Fund through her friend Torrey DeVitto, she volunteered to travel to Uganda to help in any way she could.

Our day began at Hospice Jinja where Dinah and Richard welcomed us to go on home visits with them. As soon as we arrived it started to pour buckets! The first patient we met was named Anakuuku. She lives deep in the beautiful green rolling hills of Jinja but because of the heavy rain, almost all of the roads were flooded with rivers of red clay so it took a while to get to her. When we arrived as we could – up and down winding trails that were narrow and overgrown with trees, then we walked the rest of the way. Anakuuku and her husband are waiting for us and greeted us with a smile. They live primordially in a small clay hut with a straw roof. She is over 65 and has breast cancer. It is so bad that the lump in her right breast has created an infection so severe that when

If you knew you had four weeks to live, how would you feel? List in order of priority what you would you want to do. We all said we would spend time with our families. We would undo wrongs in our lives. We would try to put things in order for our family. We would live life to the fullest. But why should you wait until you think your life is over to start living? My challenge for anyone reading this is to truly take a moment to think about all you are thankful for in your life. Soak that moment in and rejoice in what you have been blessed with! When you live your life wholeheartedly surrounded by faith, joy and love, death won’t be something you will fear and instead it will be something you are prepared for – for this time will come for each and every one of us.
Rose Kiwanuka, Country Director of the Palliative Care Association of Uganda, recently presented information about her organization’s efforts to assist orphaned child caregivers in Uganda at the International Children’s Palliative Care Conference. PCAU’s innovative program, called the Road to Hope, is supported locally by Center for Hospice Care and Hospice Foundation. The Road to Hope is a comprehensive program that assures enrollees are able to attend a school appropriate to the student’s educational and family needs. Not only does it pay school fees for the students, it also pays for supplies, school uniforms and food during the school day, all of which are typical in the Ugandan educational system. Students’ progress is monitored by PCAU staff and volunteers.

The conference, held in Mumbai, India, drew delegates from all over the world. They gathered to focus on global challenges in children’s palliative care, which include critically inadequate holistic care for children with life-limiting illnesses particularly in countries in which poverty and lack of health care is pervasive. Topics ranged from presentations on program development, actions in critical care, collaboration, advocacy and the broader needs facing children.

Mayo School of Graduate Medical Education of Mayo Clinic, Rochester, MN, has approved an inpatient hospice rotation with Center for Hospice Care (CHC). The Program Letter of Agreement between Mayo Clinic and CHC allows for Hospice and Palliative Medicine Fellows to rotate for training through the agency. The first Fellow, Jennifer M. Kuyava, M.D., began her rotation in March 2014.

When asked what sparked her interest in hospice and palliative care Kiwanuka said, “I chose to pursue a career in Hospice and Palliative Medicine because I wanted to work to relieve suffering and care for the whole person. I feel so grateful and honored to be in this field. It is incredibly rewarding.”

In other collaboration news, CHC has signed a clinical affiliation agreement with Indiana University to provide clinical experiences for medical students enrolled in the University’s Undergraduate Medical Education Program. Each of CHC’s three full-time medical directors was granted Associate Clinical Instructor status with the Indiana University School of Medicine. CHC continues its current and past practice of providing teaching experiences to Family Medicine Residents from both programs at Memorial Hospital and Saint Joseph Regional Medical Center. In the past year alone, a total of 13 residents have had a teaching experience at CHC.

Center for Hospice Care Announces Medical Education Partnerships

Rose Kiwanuka Presents at Children’s Palliative Care Convention

From NAIFA’s 16th Annual Joseph E. Smith Memorial Golf Outing

Wednesday, August 6, 2014
at Knollwood Country Club’s West Course

$75 per person or $300 per foursome
Includes golf, cart, and lunch following
Great door prizes available
For more information contact Cliff Perras at 574.232.3973 or perrascejr@aol.com

Proceeds from this event benefit Center for Hospice Care
choose to make the most of life
The Modern Hospice Movement

The history of caring for those at the end of life is as long and varied as our history as humans. Each culture, each age, has its own way of tending to those who are dying and for those who are left to grieve. Excavating and studying ancient burial sites has given us insight into some of our ancestors’ rituals, many of them seemingly linked to family and religion.

In fact, the care of those who were dying was primarily the responsibility of the family and religious organization to which the dying person adhered until the rise of advanced medical science. In Western civilization death frequently became an event to be held off as long as possible through the use of technology and medication.

During the Middle Ages, pilgrims covered vast distances to visit holy shrines located throughout Europe and the Middle East in hope of curing chronic diseases or fatal illnesses. Religious orders established hospices – the word is linguistically related to both hospitality and hospital – to care for them along the way, as pilgrims were unable to complete their trip. The term hospice continued to be used to describe places where the poor and dying were cared for.

The modern hospice movement, which seeks to manage not just the physical pain that often accompanies the end of life but also the emotional and spiritual pain as well, was started by Dame Cicely Saunders (1918-2005) in London, England. Saunders was a physician who began her professional career as a registered nurse and later became a social worker. Her experiences with patients dying of cancer informed her philosophy of care that took into account pain management on every level. She also pioneered the concept that the management of physical pain should be done proactively rather than waiting for symptoms to begin as medications wore off. Effective management of pain and symptoms has become a hallmark of the modern hospice movement: taking skilled care to wherever the patient calls home.

The use of hospice services for those facing end-of-life issues is at an all-time high. Despite this, many Americans are unaware of how hospice and palliative care services can help patients and their loved ones during this time. The use of hospice services for those facing end-of-life issues is at an all-time high. Despite this, many Americans are unaware of how hospice and palliative care services can help patients and their loved ones during this time.

In the following decade, hospice organizations opened throughout the UK, following the model of St Christopher’s Hospice. In 1969, On Death and Dying, written by Dr. Elisabeth Kübler-Ross was published. This seminal book was comprised of interviews with hundreds of dying patients and made the case that care for those at the end of life should be in a setting of their choosing – typically their home – and that their choices of how to experience death should take precedent.

Next in the series: Hospice Care Arrives in the United States

“I realized that we needed not only better pain control but better overall care. People needed the space to be themselves. I coined the term ‘total pain,’ from my understanding that dying people have physical, spiritual, psychological, and social pain that must be treated. I have been working on that ever since.”

- Dame Cicely Saunders

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Dame Cicely Saunders started the modern hospice movement in London, England. She founded St. Christopher’s Hospice in 1967.

Saunders founded St. Christopher’s Hospice in 1967. It was a culmination of her convictions that those who were dying should be able to receive skilled, compassionate care from a holistic team of professionals trained to handle end-of-life issues for the patient and his or her loved ones. Two years after starting St. Christopher Hospice, Saunders launched another initiative that is part of the modern hospice movement: taking skilled care to wherever the patient calls home.

“I say to people who care for people who are dying, if you really love that person and want to help them, be with them when their end comes close. Sit with them - you don’t even have to talk. You don’t have to do anything but really be there with them.”

- Elisabeth Kübler-Ross

In the following decade, hospice organizations opened throughout the UK, following the model of St Christopher’s Hospice. In 1969, On Death and Dying, written by Dr. Elisabeth Kübler-Ross was published. This seminal book was comprised of interviews with hundreds of dying patients and made the case that care for those at the end of life should be in a setting of their choosing – typically their home – and that their choices of how to experience death should take precedent.

Next in the series: Hospice Care Arrives in the United States

www.FoundationForHospice.org

4. St. Christopher’s Hospice is London is the first modern hospice facility, founded by Dame Cicely Saunders in 1967.

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- Elisabeth Kübler-Ross
For The Medical Foundation, being a good corporate citizen means more than providing innovative, comprehensive laboratory medicine to physicians, hospitals and patients in its service area. It also encompasses the responsibilities of giving back to the community. In particular, The Medical Foundation encourages its 700-plus employees to volunteer in community organizations as well as providing financial support to healthcare organizations.

The Medical Foundation is unique in its dual roles as a provider of laboratory medicine services and a non-profit foundation. When the organization was incorporated by 23 South Bend physicians in 1912 as the South Bend Medical Laboratory, it was a for-profit business. In 1946, the name changed to South Bend Medical Foundation, which also reflected the change to a non-profit organization.

What didn’t change was the focus on providing ever-more sophisticated laboratory services locally, with a human touch. The organization has 22 pathologists on staff and offers a breadth of service not typically available in a community this size. It has become a resource for not just Michiana but also serves Illinois, the rest of Indiana and Ohio as well.

“We’re not just a line on the patient’s bill,” said Bob King, Senior Vice President of The Medical Foundation. “For example, our pathologists are in the surgical suite, helping determine the next, best step in the patient’s care.”

In fact, according to a recent Mayo Clinic study, medical decisions are based on lab results 70% of the time. “We’re humbled and proud to be an integral part of patient care,” King noted. He cited their work with oncologists treating cancer patients as an example. “We can help the physicians identify which treatment will be most effective for the patient – through our tests we can help find specific treatments for that individual.”

For King and the rest of The Medical Foundation, what is even more exciting is the possibilities offered by collaborative relationships, particularly with the University of Notre Dame as it looks to partner with local companies to move technology from the research laboratories to the world.

Perhaps most importantly, the culture of care and giving at The Medical Foundation is exemplified by its employees. “Our employees are unique. They are extremely committed to our patients and our community – a loyal, dedicated group of people who play a critical role in a quiet way,” King said.
Community Corner

The Hospice Foundation is grateful for the generosity of the many groups that support its mission through their independent fundraising efforts, grantsmanship and donations. Although we cannot recognize every effort, we are pleased to take this opportunity to recognize the following and thank all of the community who support our agency.

Knights of Columbus held a Tootsie Roll drive and raised $216.00 which they donated to Center for Hospice Care.
The employees of Mossberg & Co collected $655.00. Center for Hospice Care was chosen by the donation committee as their charity of choice to receive this gift.

The employees of Taper Lock Credit Union chose Center for Hospice Care as their charity to support in 2013. Taper Lock Credit Union

In appreciation for our work in the Marshall County community Eck & Associates, Inc. donated $100.00 to Center for Hospice Care.

Christ the King Catholic Church collected $486.99 at their Respect Life Sunday collection and donated it to Center for Hospice Care.

Michiana Mustangs donated $500.00 to Center for Hospice Care to further our mission.

Club 15AA held a golf outing event, $1,500.00 was raised and donated to Center for Hospice Care.

In appreciation for our work in the Marshall County community Eck & Associates, Inc.

Due to Internal Revenue Service tax regulations, we may only issue written acknowledgment for donations made payable to and/or processed directly by Center for Hospice Care or The Hospice Foundation. Donations made under processed via a third party may not be eligible for a charitable tax deduction. If you have any questions regarding charitable contributions, contact Mike Wargo, Chief Operating Officer at 574.243.2059 or wargom@centerforhospice.org. For specific tax advice, you should visit the IRS website at www.irs.gov or contact your tax advisor.

Meet the Hospice Foundation Staff

The Hospice Foundation is the supporting foundation for Center for Hospice Care, our primary mission is to improve the quality of living for those facing serious, life-limiting illnesses. Rather than working directly with patients or their loved ones, the Foundation’s focus is in four primary areas:

Fundraising – we raise money to assure that CHC’s promise that no one eligible for hospice care will ever be turned away, regardless of their ability to pay is kept.

Stewardship – we are dedicated to both thanking our donors for their support and in keeping them informed of how their gifts are used to further our mission.

Collaboration – we work closely with local, national and international organizations such as the University of Notre Dame, National Hospice and Palliative Care Organization and the National Hospice Foundation to advance hospice and palliative care knowledge.

Education – we raise awareness of end-of-life issues both in our eight-county service area and internationally.

The eight members of the Foundation staff come from a variety of backgrounds. They bring a diverse set of skills and abilities to the job. They share a commitment to excellence, the ability to think outside the box and a dedication to the hospice philosophy and enjoy a good laugh.

Taper Lock Credit Union

Employees of the Mishawaka and Bremen locations of Taper Lock Credit Union chose Center for Hospice Care as their charity to support in 2013. The staff organized many fundraisers throughout the year, including bake sales, candy bar sales,aron “dollar” days and spare change drives to raise money to support the work of CHC in their communities. The staff of Taper Lock chose to support CHC this past year in honor of many family members, friends and customers who have received “wonderful, loving care” from the organization recently. Jennifer Ullery visited the Mishawaka campus of Center for Hospice Care and presented the $1,268.10 donation on behalf of the two branches.
In Memory

The following gifts were made to the Hospice Foundation between 9/1/2013 and 1/31/2014. We are very grateful for these gifts as they enable us to fulfill our mission to improve the quality of living.

Every effort has been made to ensure the accuracy of this listing. If you wish to report an error or omission, please call our Development Office at 800-413-9083. Any corrections will be in the next issue of CROSSROADS.

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Ms. Betty Wiegand
Sharon White
J. Bruce Wagner
Julie Rudolph
Carolyn Hestad
Mr. and Mrs. Robert Egierski
Edna and Ron Curran
Karen and Bob Constable
Kathy Banker
Mr. and Mrs. Jerry E. Allsop
Mr. and Mrs. Jeff Allsop
In Memory of Sonja M. Allsop
In Memory of Joanne Aldridge
Mr. and Mrs. James Wickizer
Mr. and Mrs. John E. Holmes
In Memory of Anne O. Abernethy
Mr. and Mrs. Terry V. Belanger
Reginald F. Bain
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Mr. Thomas H. Atkins
Mr. and Mrs. Edward Dlugosz
In Memory of Virgil F. Arndt
In Memory of Karen Francoise Armes
Marguerite Davis
In Memory of Nichol (Nick) Arno
Nancy and Chuck Fannin
In Memory of Myrle W. Andrus
Lola and John N. Anderson
In Memory of Robert C. Donovan
Ann and Ken Anderson
In Memory of Jerry Booth
Al and Niki Arntzen
In Memory of Lawrence (Larry) Eastland
Nancy and Chuck Fannin
In Memory of Estelle Marie R. Ebert
Pamela and Merl Kuhlman
In Memory of Miss DR. P. Franklin Eggert
Charlie and Vivian Lippolt
In Memory of Sharon Eggert
Jane and John M. Eggert
In Memory of John T. Eggert
Linda and John M. Eggert
In Memory of Betty L. Eggert
Glenna and John M. Eggert
In Memory of Robert L. Eggert
Tina and John M. Eggert
In Memory of Jo Ann Eggert
Joyce and John M. Eggert
In Memory of Joan Eggert
Christine and John M. Eggert
In Memory of Robert M. Eggert
Don and Judy Eggert
In Memory of Richard B. Eggert
Diana and John M. Eggert
In Memory of Dr. Allen Eggert
Lena and John M. Eggert
In Memory of Dale B. Borman
Dr. Val and Frances Borman
In Memory of Sherry and Mike Borman
Margaret and Jack Borman
In Memory of Jerry Booth
Sara Jane Borman
In Memory of David (Dave) Borman
Sherry and John Borman
In Memory of Dr. Robert (Bob) Borman
Sharon and John Borman
In Memory of Nancy (Nancy) Borman
Sara Jane Borman
In Memory of David Allan Bostock
Colleen and John Bostock
In Memory of portrays Raymond B. Brown, Jr.
Mr. and Mrs. Lynne Brown
In Memory of Leticia (Leticia) Schmidt Brown
Mr. and Mrs. Dan Brown
In Memory of Josephine (Jo) Brown
Mr. and Mrs. Jim Brown
In Memory of Ruth Brown
Mr. and Mrs. John Brown
In Memory of Karen (Karin) Brown
Mr. and Mrs. Steve Brown
In Memory of Robert D. Brown
Mr. and Mrs. Jim Brown
In Memory of Dr. Robert (Bob) Brown
Mr. and Mrs. Jim Brown
In Memory of Dr. Michael (Mike) Brown
Mr. and Mrs. Jim Brown
In Memory of Gregory Michael Brolaski
June and Gary Brolaski
In Memory of Garry Brolaski
Beverly and Gary Brolaski
In Memory of Larry Brolaski
Barbara and Gary Brolaski
In Memory of Margaret Rose Brolaski
Gregory Brolaski
In Memory of Margaret Margaret McGinnis
Mary and Paul McGinnis
In Memory of Marie McGinnis
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In Memory of Gary McGinnis
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In Memory (continued)

In Memory of Lena M. Dobie
Mrs. James L. Doe
In Memory of E. Donald Dodson
In Memory of Carl E. Doherty
In Memory of George Doherty
In Memory of Dr. Beatrice M. Doggett
In Memory of Gordon L. Dobbs
In Memory of James E. Dobson
In Memory of Mrs. Donald Doherty
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In Memory of Mrs. Elizabeth Dougherty
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In Memory of Mrs. Margaret N. Double
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Mr. Andrew Funke

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In Memory of Food Service

Assistance

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In Memory of John and Barbara Martorella
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In Memory of Shirley A. White
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In Memory of Robert Zadzilowski
Mr. and Mrs. Anthony N. Michel
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In Memory of William J. Ziemke
In Memory of Charles R. Zimmer
In Memory of Charles A. Zlotnick
In Memory of Brian Zylstra
In Memory of Bruce Zuidema
In Memory of John Zurawski
In Memory of Michael Zwick
In Memory of Wayne Zuercher
In Memory of Mark Zuccherino
In Memory of James A. Zuehlke
In Memory of Thomas M. Zumberg
In Memory of Ann Marie Zumpach
In Memory of Paul Zink
In Memory of Christine Zoll
In Memory of Thomas A. Zoll
In Memory of Richard A. Zoll
In Memory of Mark A. Zoll
In Memory of James A. Zoll
In Memory of Robert Zolli
In Memory of Cyril Zolnik
In Memory of Victor Zimmerman
In Memory of Niew Zolnik
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In Memory of William Zolnik
In Memory of Lorraine Zolner
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In Memory of Donald Zolnowski
In Memory of Noreen Zolnowski
In Memory of David Zolnowski
In Memory of Cezary Zolowski
In Memory of Robert Zolowsky
In Memory of Gail Zolowsky
In Memory of Robert Zolowsky
In Memory of Mark Zolowsky
In Memory of James Zolowsky
In Memory of Lawrence Zolowsky
In Memory of Paul Zolowsky
In Memory of Gary Zolowski
In Memory of Mark Zolowski
In Memory of Michelle Zolowski
In Memory of Terry Zolowski
In Memory of Matt Zolowicz
In Memory of Tracy Zolowicz
In Memory of Paul Zolowicz
In Memory of Todd Zolowicz
In Memory of Thomas Zolowicz
In Memory of Steven Zolowicz
In Memory of Robert Zolowicz
In Memory of Clarence Henry Witsken
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Mr. and Mrs. Robert J. Rozewicz
Mr. and Mrs. Randy Rozewicz
Tammi Fox
Esther and Chester Borowski
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Mary Rexstrew
Donna Osborn
In Memory of Polly M. Wetlaufer
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In Memory of Marc Little
Diana Werbianskyj
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Patricia Miller
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Jen and Joe Sosinski
Cindy and Fred Scott
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Joan and Frank Schrader
Linda and Bob Schoeneman
Gladys and Bill Schoeneman
Jan and Beth Schoeneman
Vicky and Bob Schoeneman
In Memory of Grace Johnson
LaGrange, LaPorte, Marshall, St. Joseph and Starke Counties in northern Indiana.

In Memory of Janie A. Alford
Mrs. Diane J. Collins
In Celebration of Patrick Baert’s Birthday
Jane and Ed Baert
In Memory of Patricia (Pat) Beutel
Jim Beutel
In Memory of Charlie Hayes of Charles S. Hayes, Inc.
LJ Hayes Construction Co.
In Honor of Dynamic Mechanical Services, Inc.
Mr. Construction Co.
In Honor of David Miller of General Sheet Metal
LL Geane Construction Co.
In Memory of Mike McLaughlin
K & M Machine
In Honor of Mike McLaughlin
In Honor of Mary Jane Greenawalt
The Greenawalt Family
In Memory of Daryl Harris
Mike, Jennie P., Walk
In Memory of Rosayne Harris
Mrs. Jennie P., Walk
In Honor of Mr. and Mrs. Clyde Hayes
Mike and Mrs. John Menner
In Memory of Catharina S. Hilar
Mr. and Mrs. Daniel Luck
In Memory of Wynn Davis Joyce and Len Hayes
In Memory of William Shull, Windsors, Sr
Mike, Craig Gobley
In Memory of Judith Liptak
Molly and Charles Schneider
In Memory of Charles S. Sharon Fisher
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Mrs. Dianne J. Cottrill
In Memory of Janice (Jan) A. Atwood
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Mrs. Jennielea H. Vidrich
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In Honor of David Miller of General Sheet Metal
LL Geane Construction Co.
30th annual Helping Hands award dinner

benefiting Center for Hospice Care

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Honoring Robert Deputy
May 7th, 2014 • 6:00 p.m. • Hilton Garden Inn